

Savour Ottawa Winter Tables – February 2016

The Red Apron is a proud member of the Savour Ottawa community and has been using ingredients from local growers for 10 years, many of who are also Savour Ottawa Members. This winter we have created 5 menus, highlighting the delicious products of our Savour Ottawa farmers & producers.

Wednesday February 17th

'Enright' Beef & 'Ingleside' Tomato
Coconut Curry
Saag Paneer
Cumin Roasted Cauliflower with
Zucchini & 'Le Coprin' Mushrooms
Cardamom Scented Basmati Rice

Thursday February 18th

Grilled Chicken with Lime &
Horseradish Aioli
'Roots & Shoots' Potato Hash with
Organic Black Beans, Green Onions
& Corn
West Coast Slaw with Avocado
Dressing and Crumbled Feta
House Made 'Against the Grain'
Barley Rolls
Nanaimo Bars

Tuesday February 23rd

'Savour des Monts' Italian Chicken
Sausage
Rigatoni with Organic White Beans,
Winter Greens & Roasted
'Ingleside' Tomatoes Roasted Beet,
Endive & Radicchio Salad with
Citrus Dressing and Toasted
Almonds

Wednesday February 24th

Organic 'Le Coprin' & Lentil
Shepherd's Pie with 'Roots &
Shoots' Potatoes and Aged 'St-
Albert' Cheddar
Beer Braised Cabbage & Leeks
'Against the Grain' Barley Soda
Bread with Molasses Butter

Thursday February 25th

Piri Piri Chicken Supreme
Portuguese Rice with Fresh Herbs
'Ingleside' Tomatoes, Peppers,
Romaine Lettuce & Pickled Fennel
with Creamy Yogurt Dressing
'Purebread' Purple Corn Flour
'Against the Grain' Sourdough Buns
'Bekings' Egg Custard

**To place an order order, call 613-695-0417
or email info@redapron.ca. For full details
visit www.redapron.ca**

